

Colleyville Senior Center Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	01 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 10a - Genealogy 10:30a - Happy Feet Tap Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Chorales	02 8:45a - Jazzercise Lo-Impact 9a - Scrapbooking 11a - Yoga 1p - Duplicate Bridge	03 9:30a - Social Bridge 9:30a - Mah Jongg Noon - Metroport Meals on Wheels: Mexican Food	04 Center Closed 9:45a - Gentle Stretch Yoga
05 Center Closed	06 Center Closed 8:45a - Jazzercise Lo-Impact 12:30p - Candlelight Yin Yoga 1p - Tai Chi + Qigong	07 8:45a - Jazzercise Lo-Impact 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 1:30p - Health for Me 5p - Supper Social - "42" 5p - Euchre 6p - Heartfulness Meditation	08 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 10:30a - Happy Feet Tap 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 1:30p - Tap with Judy 2p - Chorales	09 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge	10 9:30a - Social Bridge 9:30a - Mah Jongg 11:30a - Lunch & Learn: Century 21	11 Center Closed 9:45a - Gentle Stretch Yoga
12 Center Closed	13 Center Closed 8:45a - Jazzercise Lo-Impact 9a - AARP Smart Driver 1p - Tai Chi + Qigong	14 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge 1:30p - Health for Me 5p - Supper Social 5p - "42" 5p - Euchre 6p - Heartfulness Meditation	15 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 9:30a - Breakfast-in-a-bag 10:30a - Happy Feet Tap 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 1:30p - Tap with Judy 2p - Chorales	16 8:45a - Jazzercise Lo-Impact 9a - Scrapbooking 11a - Yoga 1p - Duplicate Bridge	17 9:30a - Social Bridge 9:30a - Mah Jongg Noon - Metroport Meals on Wheels: Baked Ziti	18 Center Closed 9:45a - Gentle Stretch Yoga
19 Center Closed	20 Center Closed 8a - Clark Gardens Guided Walking Tour 8:45a - Jazzercise Lo-Impact 1p - Tai Chi + Qigong	21 8:45a - Jazzercise Lo-Impact 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 1:30p - Health for Me 5p - Supper Social 5p - "42" 5p - Euchre 6p - Heartfulness Meditation	22 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 10:30a - Happy Feet Tap 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 1:30p - Tap with Judy 2p - Chorales	23 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge	24 9:30a - Social Bridge 9:30a - Mah Jongg 11:30a - Lunch & Learn: Home Care Assistance	25 Center Closed 9:45a - Gentle Stretch Yoga
26 Center Closed	27 Center Closed	28 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge 1:30p - Health for Me 5p - Supper Social 5p - "42" 5p - Euchre 6p - Heartfulness Meditation	29 8a - Winstar 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 1:30p - Tap with Judy 2p - Chorales	30 8:45a - Jazzercise Lo-Impact 1p - Duplicate Bridge	31 9:30a - Social Bridge 9:30a - Mah Jongg 11:30a - Lunch & Learn: Silverado Memory Care	01
02	03	NOTES - Green activities require additional fees.				