

Colleyville Senior Center Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 Center Closed	02 Center Closed	03 8:45a - Jazzercise Lo-Impact 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social 5p - Euchre 6p - Heartfulness Meditation	04 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 10a - Genealogy 10:30a - Happy Feet Tap Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Choralaires	05 8:45a - Jazzercise Lo-Impact 9a - Scrapbooking 10a - Personal Touch Strength Training 11a - Yoga 1p - Duplicate Bridge	06 9:30a - Mah Jongg Noon - Metroport Meals on Wheels: Catfish 1:30p - Social Bridge	07 Center Closed 9:45a - Gentle Stretch Yoga
08 Center Closed	09 Center Closed 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training	10 8:45a - Jazzercise Lo-Impact 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social 5p - Euchre 6p - Heartfulness Meditation	11 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 10:30a - Happy Feet Tap 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 1:30p - Tap with Judy 2p - Choralaires	12 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training 11a - Spectacular Senior Follies 11a - Yoga 1p - Duplicate Bridge	13 9a - Senior Health Fair 9:30a - Mah Jongg 1:30p - Social Bridge	14 Center Closed 9:45a - Gentle Stretch Yoga
15 Center Closed	16 Center Closed 8:45a - Jazzercise Lo-Impact 9a - AARP Smart Driver 10a - Personal Touch Strength Training	17 8:45a - Jazzercise Lo-Impact 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social 5p - Euchre 6p - Heartfulness Meditation	18 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 9:30a - Breakfast-in-a-bag 10:30a - Happy Feet Tap 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 1:30p - Tap with Judy 2p - Choralaires	19 8:45a - Jazzercise Lo-Impact 9a - Scrapbooking 10a - Personal Touch Strength Training 11a - Yoga 1p - Duplicate Bridge	20 9:30a - Mah Jongg Noon - Metroport Meals on Wheels: TBD 1:30p - Social Bridge	21 Center Closed 9:45a - Gentle Stretch Yoga
22 Center Closed	23 Center Closed 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training	24 8:45a - Jazzercise Lo-Impact 10a - Jam Session 11a - Yoga 1p - Duplicate Bridge 5p - Supper Social 5p - Euchre 6p - Heartfulness Meditation	25 8a - Winstar 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 10:30a - Happy Feet Tap 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 1:30p - Tap with Judy 2p - Outside The Box 2p - Choralaires	26 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training 11a - Yoga 1p - Duplicate Bridge	27 9:30a - Mah Jongg 11:30a - Lunch & Learn: Ameriprise Financial 1:30p - Social Bridge	28 Center Closed 9:45a - Gentle Stretch Yoga
29 Center Closed	30 Center Closed 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training	01	02	03	04	05
06	07	NOTES - Green activities require additional fees.				