

## Colleyville Senior Center Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	01 Center Closed	02 9a - Scrapbooking 1p - Duplicate Bridge	03 9:30a - Mah Jongg Noon - Metroport Meals on Wheels: TBD 1:30p - Social Bridge	04 Center Closed 9:45a - Gentle Stretch Yoga
05 Center Closed	06 Center Closed 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training	07 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge 5p - Potluck 5p - Euchre	08 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 10a - Genealogy Noon - Beginner Line Dancing 1p - Intermediate Line Dancing 2p - Choralaires	09 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training 11a - Yoga 1p - Duplicate Bridge	10 9:30a - Mah Jongg 11:30a - Lunch & Learn: Ameriprise Financial 1:30p - Social Bridge	11 Center Closed 9:45a - Gentle Stretch Yoga
12 Center Closed	13 Center Closed 8:45a - Jazzercise Lo-Impact 9a - AARP Smart Driver 10a - Personal Touch Strength Training	14 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge 5p - Potluck 5p - Euchre	15 8:45a - Jazzercise Lo-Impact 9a - Breakfast-in-a-bag 9:30a - Social Bridge 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 2p - Choralaires	16 8:45a - Jazzercise Lo-Impact 9a - Scrapbooking 10a - Personal Touch Strength Training 11a - Yoga 1p - Duplicate Bridge	17 9:30a - Mah Jongg 9:30a - Grapevine-Colleyville ISD Gold Card Program Noon - Metroport Meals on Wheels: TBD 1:30p - Social Bridge	18 Center Closed 9:45a - Gentle Stretch Yoga
19 Center Closed	20 Center Closed 8:45a - Jazzercise Lo-Impact 9a - My Grandparents & Me - Combat Robots 10a - Personal Touch Strength Training	21 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge 5p - Potluck 5p - Euchre	22 8a - WinStar 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 2p - Choralaires	23 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training 11a - Yoga 1p - Duplicate Bridge	24 9:30a - Mah Jongg 11:30a - Lunch & Learn: TBD 1:30p - Social Bridge	25 Center Closed 9:45a - Gentle Stretch Yoga
26 Center Closed 2p - New Year Restorative, Yin & Yoga Nidra	27 Center Closed 8:45a - Jazzercise Lo-Impact 9a - Bass Hall Tour 10a - Personal Touch Strength Training	28 8:45a - Jazzercise Lo-Impact 11a - Yoga 1p - Duplicate Bridge 5p - Potluck 5p - Euchre	29 8:45a - Jazzercise Lo-Impact 9:30a - Social Bridge 11:30a - Beginner Line Dancing 12:30p - Intermediate Line Dancing 2p - Choralaires	30 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training 11a - Yoga 1p - Duplicate Bridge	31 9:30a - Mah Jongg 11:30a - Lunch & Learn: TBD 1:30p - Social Bridge	01
02	03	NOTES - Green activities require additional fees.				