

Colleyville Senior Center Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training	02 8:45a - Jazzercise Lo-Impact	03 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training 11:30a - Beginner Line Dancing 1p - Intermediate Line Dancing	04 8:45a - Jazzercise Lo-Impact 2p - Yoga	05 Noon - Metroport Meals on Wheels	06 Center Closed
07 Center Closed	08 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training	09 8:45a - Jazzercise Lo-Impact 2p - Yoga	10 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training 11:30a - Beginner Line Dancing 1p - Intermediate Line Dancing	11 8:45a - Jazzercise Lo-Impact 2p - Yoga	12	13 Center Closed
14 Center Closed	15 Center Closed 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training	16 8:45a - Jazzercise Lo-Impact 2p - Yoga	17 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training 11:30a - Beginner Line Dancing 1p - Intermediate Line Dancing	18 8:45a - Jazzercise Lo-Impact 2p - Yoga	19 Noon - Metroport Meals on Wheels	20 Center Closed
21 Center Closed	22 8:45a - Jazzercise Lo-Impact 10a - Personal Touch Strength Training	23 8:45a - Jazzercise Lo-Impact 2p - Yoga	24 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training 11:30a - Beginner Line Dancing 1p - Intermediate Line Dancing	25 8:45a - Jazzercise Lo-Impact 2p - Yoga	26	27 Center Closed
28 Center Closed	29 8:45a - Jazzercise Lo-Impact 10:15a - Personal Touch Strength Training	30 8:45a - Jazzercise Lo-Impact 2p - Yoga	01	02	03	04
05	06	NOTES - Green activities require additional fees.				